

Carbon Footprint Challenge

NAME _____ DATE STARTED _____ DATE ENDED _____

For ten days keep track of these ten items. Work toward making a smaller carbon footprint.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
How did you get to school? Walk, bike, car, bus, carpool?										
Did you eat mostly fast food or home cooked food?										
Did you eat mostly meat, carbs, or vegetables and fruits?										
Did you turn off the lights when you left a room?										
Did you unplug items when not in use?										
Did you use a clothes dryer or hang dry your clothes?										
Did you turn off the water when brushing your teeth?										
Did you turn off the TV when you weren't watching it?										
Did you turn off your game system when your were done?										
What did you recycle today?										