The Benefits of Trees

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P H S S P A F R V E J T E I H R E C S R
M H O T B R E F S K E O R M A A D A T I
J I O S N M O A O M B Y E P B I A R R A
L D O T O A E V P N F P H O I N H B E I
O R I V O L T E I R U V P R T E S O S I
B X I R E S R U O D Q R S T A V E N S D
W N Y R E A Y P L N E C O A T O C D T Q
G E T G T L A N S L P S M N G R U I P K
X E I U E V E Q T L O I T T E P D O U E
I H R V R N G A L H A P A N T M E X D L
K E S E I C E P S O E M H S E I R I E E
S Y T I L A U Q R I A S I D E I M D E A
C A S U R F A C E S N M I N P E T E P V
W E N D A N G E R E D G T S A Z R A S E
H E A L I N G M U D E T U L L O P T P S
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Trees improve the air quality by removing pollutants from the atmosphere.

Through photosynthesis, trees take in carbon dioxide and release oxygen.

Trees lower surface and air temperatures by providing shade and releasing water vapor into the air through their leaves.

They provide vital habitat and important species range for a wide variety of animals, some endangered.

They help to absorb the rain before it turns into runoff that becomes polluted and erodes soil.

Several studies have shown that a view of trees can reduce stress at work and even speed up healing times for hospital patients.