



Actual Size

Environment
Advocate Service
Patch Program

Quick Overview of Requirements

Visit LiveYouthStrong.com
for complete requirements.

Complete the Advocate
patch for each of the five
sections to earn your Environment
Advocate patch:

Clean Air • Clean Water • Clean Earth
Recycling • Conservation



CLEAN AIR

HELPER



- 1: Make It!**
Do an art or craft activity to get excited about doing a clean air project.
- 2: Learn It!**
Watch the video to learn about air pollution.
- 3: Do It!**
Choose and complete one of the suggested age-appropriate service projects for helping keep the air clean.
- 4: Earn it!**
Receive the Clean Air Helper Patch.

FRIEND



- 1: Learn It!**
Learn how pollution affects the air quality and how plants and trees help keep air clean.
- 2: See It!**
Take a walk and notice the change in air quality in different places.
- 3: Do It!**
Choose and complete one of the suggested gardening projects.
- 4: Review It!**
Review your project. Optional review worksheet is provided for younger achievers.

VOLUNTEER



- 1: Research It!**
Learn what causes air pollution and how trees help reduce it.
- 2: See It!**
Visit a local tree farm or nursery and speak with someone there.
- 3: Do It!**
Make a commitment to protect and improve the air by participating in a tree planting project.
- 4: Review It!**
Review your project.

ADVOCATE



- 1: Research It!**
Use the provided links to learn about air pollution and how it affects all living things.
- 2: Do It!**
Plan and complete one of the suggested advocacy programs to help keep the air clean.
- 3: Review It!**
Review your experience advocating for clean air and thank those who helped.

DELEGATE



- 1: Choose It!**
Use the provided links to choose a topic for your clean air action project.
- 2: Plan It!**
Use the tools provided to learn how to plan and organize your project including fundraising and outreach.
- 3: Do It!**
Join in during your project to supervise and provide assistance at all levels.

CLEAN WATER

HELPER



1: Make It!

Do an art or craft activity to get excited about doing a clean water project.

2: Learn It!

Watch the video to learn about clean water.

3: Do It!

Choose and complete one of the suggested service projects for helping keep water clean.

4: Earn it!

Receive the Clean Water Helper Patch.

FRIEND



1: Learn It!

Learn how litter and trash harms oceans and other bodies of water.

2: See It!

Visit a local beach and think about what you can do to help clean it up.

3: Do It!

Choose and complete one of the suggested shore cleanup projects.

4: Review It!

Review your project.

VOLUNTEER



1: Research It!

Find a nearby beach and learn what needs to be done for it.

2: See It!

Visit your local beach or shore and think about how you can improve it.

3: Do It!

Make a commitment to protect and improve your beach by choosing and completing one of the suggested projects.

4: Review It!

Review your project.

ADVOCATE



1: Research It!

Use the provided links to learn about water pollution and the importance of keeping fresh water clean.

2: Do It!

Plan and complete one of the suggested advocacy programs to help keep water clean.

3: Review It!

Review your experience advocating for clean water and thank those who helped.

DELEGATE



1: Choose It!

Use the provided links to choose a topic for your clean water action project.

2: Plan It!

Use the tools provided to learn how to plan and organize your project including fundraising and outreach.

3: Do It!

Join in during your project to supervise and provide assistance at all levels.

CLEAN EARTH

HELPER



1: Make It!

Do an art or craft activity to get excited about doing a clean earth project.

2: Learn It!

Watch the video to learn why littering is bad for the earth.

3: Do It!

Choose and complete one of the suggested age-appropriate service projects for helping keep the earth clean.

4: Earn it!

Receive the Clean Earth Helper Patch.

FRIEND



1: Learn It!

Learn how litter and trash harms the environment.

2: See It!

Visit a public area and think about what you can do to help clean it up.

3: Do It!

Choose and complete one of the suggested litter cleanup projects.

4: Review It!

Review your project. Optional review worksheet is provided for younger achievers.

VOLUNTEER



1: Research It!

Find out which nearby areas have the most litter and are in need of cleaning.

2: See It!

Visit one of these littered areas and think about how you can improve it.

3: Do It!

Make a commitment to protect and improve your community by completing one of the suggested projects.

4: Review It!

Review your project.

ADVOCATE



1: Research It!

Use the provided links to learn about pollution and ways you can prevent littering or clean up polluted areas.

2: Do It!

Plan and complete one of the suggested advocacy programs to help keep the earth clean.

3: Review It!

Review your experience advocating for clean earth and thank those who helped.

DELEGATE



1: Choose It!

Use the provided links to choose a topic for your clean earth action project.

2: Plan It!

Use the tools provided to learn how to plan and organize your action project including fundraising and outreach.

3: Do It!

Join in during your project to supervise and provide assistance at all levels.

RECYCLING

HELPER	FRIEND	VOLUNTEER	ADVOCATE	DELEGATE
 <p>1: Make It! Do an art or craft activity to get excited about doing a recycling project.</p> <p>2: Learn It! Watch the video to learn about recycling.</p> <p>3: Do It! Choose and complete one of the suggested age-appropriate service projects for helping to recycle.</p> <p>4: Earn it! Receive the Recycling Helper Patch.</p>	 <p>1: Learn It! Learn how recycling is done and why it's important.</p> <p>2: See It! Look at what you throw away and see if any of it can be recycled.</p> <p>3: Do It! Choose and complete one of the suggested recycling projects.</p> <p>4: Review It! Review your project. Optional review worksheet is provided for younger achievers.</p>	 <p>1: Research It! Find out how your community recycles.</p> <p>2: See It! Visit a local recycling center or watch the provided video to learn more about recycling.</p> <p>3: Do It! Make a commitment to protect and improve the environment by participating in a recycling project.</p> <p>4: Review It! Review your project.</p>	 <p>1: Research It! Use the provided links to learn about how others in your community recycle.</p> <p>2: Do It! Plan and complete one of the suggested advocacy programs to help recycling in your community.</p> <p>3: Review It! Review your experience advocating for smart recycling practices and thank those who helped.</p>	 <p>1: Choose It! Use the provided links to choose a topic for your recycling action project.</p> <p>2: Plan It! Use the tools provided to learn how to plan and organize your project including fundraising and outreach.</p> <p>3: Do It! Join in during your project to supervise and provide assistance at all levels.</p>

CONSERVATION

HELPER	FRIEND	VOLUNTEER	ADVOCATE	DELEGATE
 <p>1: Make It! Do an art or craft activity to get excited about doing a "turn it off" project.</p> <p>2: Learn It! Watch the video to learn about the importance of turning off lights.</p> <p>3: Do It! Choose and complete one of the suggested service projects for helping save energy around the house.</p> <p>4: Earn it! Receive the Turn It Off Helper Patch.</p>	 <p>1: Learn It! Learn how packaging and other waste can harm the environment, and ways to cut down on how much you throw out.</p> <p>2: See It! Visit a store that sells second-hand items and think about how they can be reused.</p> <p>3: Do It! Choose and complete one of the suggested reduce reuse projects.</p> <p>4: Review It! Review your project.</p>	 <p>1: Research It! Learn about carbon footprints and how they affect the environment.</p> <p>2: See It! Use our worksheet to figure out your carbon footprint and think about ways to reduce it.</p> <p>3: Do It! Make a commitment to reduce your carbon footprint using our Carbon Footprint Challenge worksheet.</p> <p>4: Review It! Review your project.</p>	 <p>1: Research It! Use the provided links to learn why conserving resources is so important and ways to do it.</p> <p>2: Do It! Plan and complete one of the suggested advocacy programs to help advocate for conservation.</p> <p>3: Review It! Review your experience advocating for conservation and thank those who helped.</p>	 <p>1: Choose It! Use the provided links to choose a topic for your conservation action project.</p> <p>2: Plan It! Use the tools provided to learn how to plan and organize your project including fundraising and outreach.</p> <p>3: Do It! Join in during your project to supervise and provide assistance at all levels.</p>